

Healthy Investment Ethical With-profits Fund Investment Bulletin

31st December 2023

Healthy Investment is the trading name of The Rechabite Friendly Society Limited
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Authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Financial Services Register 109994.

This document has, in accordance with the Insurance Distribution Directive, been classified as marketing material.

This bulletin must be read in conjunction with the Key Information Document and Terms and Conditions of your chosen Healthy Investment product. Nothing in this document constitutes financial advice.

Fund objective

Healthy Investment's Ethical With-profits Fund aims to provide members with steady growth through a cautiously managed fund over the medium to long term.

We offer investors an opportunity to invest in our Ethical With-profits Fund which includes a mix of different assets including government and corporate bonds, UK and global shares, commercial property and cash deposits, which otherwise might be difficult to achieve as a direct individual investor.

To maximise the potential return, the stocks and shares, commercial property and fixed interest bonds in the Ethical With-profits Fund are professionally managed by Legal and General Investment Management, one of the UK best known and most respected investment managers. We work closely with Legal and General to ensure that members' investments are managed ethically and sustainably and opportunities for growth are maximised whilst only exposing the Society to an agreed level of risk.

Our Ethical With-profits Fund does not invest directly in companies in the alcohol, tobacco and arms industries and gambling and pornography providers. Where we use collective investments to access a market or market indices that would be difficult to invest in directly, we ensure that exposure to any one of these industries is less than 0.25% of the Ethical With-profits Fund.

Risks

The value of a With-profits investment can fall as well as rise, so you could get back less than you invest, especially over the short term. You should see investing in the Healthy Investment With-profits Fund as medium to long term investments.

There is a risk that a market value reduction will be applied to your ISA which means that you might get back less than you have invested if the value of investments have fallen more than the level we are able to smooth out the investment return. A market value reduction may be applied to your Investment Bond if you do not withdraw on one the capital and growth guarantee anniversaries.

If you do not maintain the premiums of a regular Savings Plan for the full term you may get back less than you have invested. Whilst the minimum maturity value is guaranteed, there is a risk that the pay out on maturity is less than expected if investment returns are lower than expected.

Bonuses

With-profits investments grow through the bonuses that are added to the investment. The Society aims to provide a consistent return by smoothing bonuses to avoid volatile fluctuations in the value of your investment.

When a reversionary bonus has been added to your policy it can never be taken away.

The level of reversionary bonus can change every year and in very exceptional circumstances can be nil. Between reversionary bonus declarations we add an interim bonus to your investment and we might also add a terminal bonus for any withdrawals made from the Bond or ISA, or on maturity of your Savings Plan.

Terminal and interim bonus rates can change and unlike reversionary bonuses are not locked in.

Previous bonus rates should not be seen as a guide to future bonus rates.

Current and historic bonus rates for all our products are available from the relevant product page on www.healthyinvestment.co.uk or by contacting this office.

Financial strength as at 31st December 2023 (subject to audit)

Total assets under management	£174.3 m	Solvency capital coverage	210%
Ethical With-profits Fund	£103.3 m	Own funds in excess	£3.8 m

Asset allocation as at 31st December 2023



Fixed interest - government bonds	55.62%
Fixed interest - corporate bonds	8.96%
UK equities	4.02%
Global equities	2.02%
Commercial property	2.11%
Cash and cash equivalents	27.27%

UK equities – market capitalisation

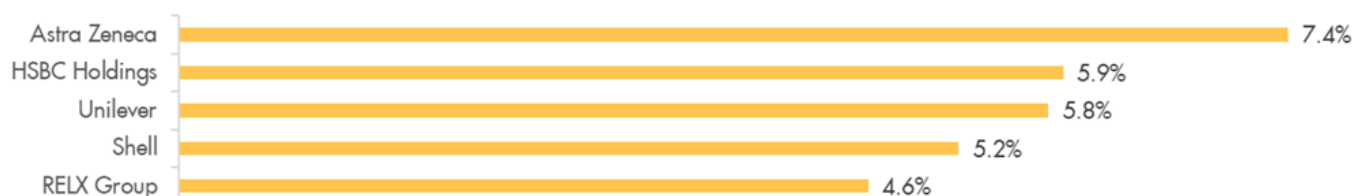


Large	62.4%
Mid	18.4%
Small	19.2%

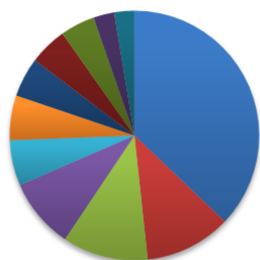
UK equity sector analysis

Consumer non-cyclical	37.1%	Financial services	5.9%	Property	4.5%
Consumer cyclical	11.2%	Comms & tech	5.8%	Commodities	2.7%
Banks	11.1%	Industrials	5.1%	Utilities	2.6%
Energy	9.1%	Insurance	4.9%		

UK equities top 5 holdings



Global equities — geographical analysis



United states	66.7%
Japan	7.2%
UK	3.8%
Canada	3.2%
Switzerland	2.7%

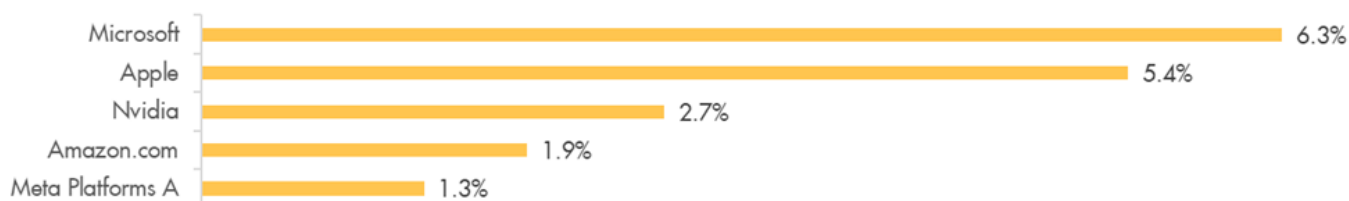
France	2.3%
Australia	2.3%
Germany	2.1%
Ireland	1.8%
Other	8.0%

Global equities — sector analysis

Communications & tech	35.7%
Consumer non-cyclical	23.2%
Consumer cyclical	11.0%
Banks	7.9%
Industrials	5.1%

Financial services	4.6%
Insurance	3.5%
Property	2.8%
Energy	2.4%
Other	3.8%

Top 5 global equity holdings



Corporate bonds — credit quality

AAA rated	1.0%	A rated	45.0%	BB rated	0.3%
AA rated	8.6%	BBB rated	45.2%		

Top 5 corporate bond holdings

